



DEPARTMENT OF EDUCATION
Region V
DIVISION OF CAMARINES SUR
SABANG NATIONAL HIGH SCHOOL,
Sabang, Calabanga, Camarines Sur



2015 NATIONAL DISASTER CONSCIOUSNESS MONTH
Theme: "Pamilya at Pambaybayan Handa, Katuwang sa Pag-unlad ng Bansa"

Time	MORNING	SESSION/TOPIC/ACTIVITY		
7:15-7:45	Registration (by section) Facilitators: Class Advisers	Registration (by section) Facilitators: Class Advisers		
7:45-8:00	Simple Opening Program Orientation: Statement of Purpose Facilitator: Florencio S. Elopre, DRR Focal person	Simple Opening Program Orientation: Statement of Purpose Facilitator: Florencio S. Elopre, DRR Focal person		
8:00-8:40	Break-up Session (Library) Team A-Climate Change Check Facilitators: Maria Chona R. del Valle ✓ Juliet S. Golmlim <i>pd</i> Vivian D. Fortuna	Break-up Session (Talisay) Team B-Fighting Fire Forum Facilitators: Chariza D. Cervano ✓ Jennifer T. Maguigad ✓ Nerissa T. Bernad <i>pd</i>	Break-up Session (G9 area) Team C-Get Going Guys Facilitator: Antonio A. Azuela ✓ Jobert R. Frondoso ✓ Rodrick T. Encinares ✓ Annie Z. Ollera <i>pd</i>	Break-up Session (Rocco Area) Team D-Samahin sa Sakuna Facilitator: Crisanta H. Darlay ✓ Alvin T. Abejero ✓ Florencio S. Elopre ✓ Nessa A. Abejero ✓
8:40-9:20	Break-up Session (Library) Team B-Climate Change Check Facilitators: Maria Chona R. del Valle ✓ Juliet S. Golmlim <i>pd</i> Vivian D. Fortuna	Break-up Session (Talisay) Team C-Fighting Fire Forum Facilitators: Chariza D. Cervano ✓ Jennifer T. Maguigad ✓ Nerissa T. Bernad <i>pd</i>	Break-up Session (G10 Area) Team D-Get Going Guys Facilitator: Chona T. Nodado ✓ Antonio A. Azuela ✓ Jobert R. Frondoso ✓ Rodrick T. Encinares ✓ Annie Z. Ollera <i>pd</i>	Break-up Session (Rocco Area) Team A-Samahin sa Sakuna Facilitators: Paula A. Arcenas ✓ Cris Pennylane A. Florendo ✓ Alvin T. Abejero ✓ Florencio S. Elopre ✓ Nessa A. Abejero ✓
9:20-9:45	Health Break			
9:45-10:25	Break-up Session (Library) Facilitators: Maria Chona R. del Valle <i>pd</i> Juliet S. Golmlim <i>pd</i> Vivian D. Fortuna	Break-up Session (Talisay) Team D-Fighting Fire Forum Facilitators: Chariza D. Cervano ✓ Jennifer T. Maguigad ✓ Nerissa T. Bernad <i>pd</i>	Break-up Session (Grade 7 area) Team A-Get Going Guys Facilitator: Maricar P. Labing ✓ Antonio A. Azuela ✓ Jobert R. Frondoso ✓ Rodrick T. Encinares ✓ Annie Z. Ollera <i>pd</i>	Break-up Session (Rocco Area) Team B-Samahin sa Sakuna Facilitators: Arsher A. Vissaya ✓ Comie R. Elopre ✓ Alvin T. Abejero ✓ Florencio S. Elopre ✓ Nessa A. Abejero ✓

for

File



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2015 NATIONAL DISASTER CONSCIOUSNESS MONTH
Theme: "Pandiya at Pagsunang Handa, Kalusugan sa Pag-unlad ng Bayan"

10:25-11:05	Break-up Session(Library) Team D-Climate Change Check Facilitators: Miena Chona R. del Valle Julien S. Golinium Vivian D. Fortuna	Break-up Session(Talisyay) Team A-Fighting Fire Forum Facilitators: Charza D. Cervado Jemifer T. Maguigad Nerissa T. Bernad	Break-up Session(Grade 8 area) Team B-Get Cloing Guys Facilitator: Analyza A. Alcalá Antonio A. Azuela Robert R. Frondoso Rodrick T. Encarnas Annle Z. Ollera	Break-up Session(Buccoo Area) Team C-Sharehan sa Sabang Facilitator: Sharon A. Dasigan Alvin T. Abesjero Florenco S. Eloyre Nessa A. Abesjero
11:05-11:35	<p align="center">Plenary Emergency Evacuation Enforcement Facilitators: Florenco S. Eloyre, Virgilio S. Dasigan, Hardy S. Claros</p>			
11:45-1:00	<p align="center">AFTERNOON SESSION/TOPIC/ACTIVITY LUNCH/BREAK</p>			
1:00-1:15	<p align="center">Registration /Attendance for the afternoon session(by section) Facilitators: Class Advisers</p>			
1:15-1:30	<p align="center">Class Scenarios (by section) Multi-Hazards Hit Emergency Evacuation Enhancement (open court) Facilitators: Class Advisers</p>			
1:30-4:00	<p align="center">Response: Rescue, Retrieve Facilitators: All class Advisers, Rodrick T. Encarnas, Jobert R. Frondoso, Maria Chona R. Del Valle, Annle Z. Ollera</p>			
4:00-4:30	<p align="center"><i>Assessment Debriefing</i></p>			

EVA D. MALLANAYAO
Principal I

FLORENCIO S. ELOYRE
DRR Focal Person



2015 NATIONAL DISASTER CONSCIOUSNESS MONTH

Theme: "Pandiya at Pansiyang Handa, Katwag sa Pag-unlad ng Bangsa"

Session/Topic/Activity	Strategy
CCC-Climmate Change Check	Mini-symposium on DRR, Birth of Typhoons and other calamities, causes of Climate change
FFF-Fighting Fire Forum	Lecture-forum on Fire safety, chemistry of fire, health hazards, safety first-aid demonstration, dock-cover-and-hold, emergency hoelines
GGG-Get Goon 'Goy's SSS-Samahan sa Sakuna	Emergency kits and improvised gadgets preparation, crawl, canvas, bandages preparation and demonstration Team-building, Junior Brigades/Fire Marshalls, SDRRM(C), rescue techniques demonstration, school watching, hazard mapping
EEE-Emergency Evacuation Enforcement	Multi-hazards drill (Earthquake, fire, flood, storm, tsunami, landslide), before, during and after scenarios Preparedness contests
RRR-Response, Rescue, Retrieve	Actual demonstration: Injuries sustained on the head, leg, two legs, one arm, two arms, head, arm, legs Conscious and unconscious victims Different carrying techniques: one man, two men, three men, four men, with canvass, without canvass Bucket relay.

Team Composition:



Materials Needed:

- 1 pc Triangular bandage or 1 pc Broad/bag handkerchief, lecture notebook, ballpen (per student)
- 4 pcs Empty sacks, 4 pcs-3 meter long bamboo pole, 5 meter long rope, 4 small pails/buckets (per team)

Expectations:

- Heightened awareness and consciousness among stakeholders on what to do before, during and after the occurrence of all forms of possible hazards in their respective areas
- Maximum and active participation of all students, teachers, personnel, stakeholders
- Internalization and personal application to life

EVA C. MADDANYAON
Principal I

FLORENCE S. ELOPRE
DRR Focal Person